



Sam Cowx

3rd Base / Outfielder #22

Personal Data

Address	49 Alice Ave Keswick, ON Canada L4P 3C8	Birth Date	January 11, 1989
Email	scowx@hotmail.com	Age	18 years old
Phone	905-476-9205	Height	5'6"
Parents	Lorne & Dawn-Marie Cowx	Weight	130 lbs
	lcowx@sympatico.ca		

For more information visit
Sam's online profile at
www.sam.whitbyeagles.ca

Academic Data

High school	Keswick High School 100 Biscayne Blvd Keswick, ON, Canada L4P 3L5	GPA	3.5
Phone #	905-476-0933	Honour Courses	Chemistry, Physical Education
Principal	John Glazekos	Graduation Date	June 2007
Intended Major	Physical Education, Biology, Chemistry	Guidance Counselor	Ms. Horested
SAT	Scheduled for May 2007	Volunteer	GGHA Midget Rep Team; Goalie Coach Kinark Family Services - Mentor
NCAA	0702135391		

Softball Data

Throws	Right
Bats	Right
Primary position	OF, 3B
Other positions	SS
Experience	6 yrs. Rep Softball; plus 8 yrs. Baseball
High School team	Keswick HS Softball
2007 Summer team	Whitby Eagles - Butler
Coach	Rob Butler
Coach email	rob@whitbyeagles.ca
Coach phone	416 333-5381
Assistant Coach	Rosemary Theriault 905 441-5533

Softball Highlights / Sports

2006	Team Member - Provincial 5th - Markham Tigers
2005	League Champion - Newmarket Stingers
Rep Sports / Varsity	
2006	1st Team Goalie - Georgina Girls Rep 1st Female player - Keswick HS baseball 1st Team Field Hockey - Keswick HS
2005	4th - Ontario Georgina Girls Midget Hockey 1st Team Field Hockey - Keswick HS

Athletic Achievements

2006	1st Female Player - Keswick HS baseball
2005	MVP - Keswick HS Softball
2004	MVP - Keswick HS Softball
2003	MVP - Our Lady of the Lake SS - Hockey
Other	Most sportsman player - baseball '95 - '98 Golden Glove - Duel Sports Softball -2000 MVP - Softball - 2000

Scholastic Achievements

2006	Excelling in all University Prep Courses
2004	Grade 10 Physical & Health Education Award

Team Stats

	<u>ba</u>	<u>ob%</u>	<u>slugging %</u>	<u>fielding %</u>	<u>home - first</u>	<u>home to home</u>
2006 Midget	0.289	0.371	0.405	0.985	2.98	12.38
2005 Bantam	0.362	0.493	0.525	0.970	3.06	12.45